

Tell us about your psychologist, so everyone can know what it is like to have therapy.
Email to davidhorgan@ email.com.
Please keep replies to a few lines.

1) **Melbourne:** I was nervous, and afraid I would be seen as mad. The psychologist was very aware of how I felt, reassured me about how normal my stress reactions were, and taught me good techniques over a few visits. I feel much better already. I wish I had done this before; it would have saved me lots of heartache.
www.thepsychologist.com.au/Example Submitted by AR